

# HERBS

## TED LARE GARDEN CENTER

2701 Cumming Ave  
Cumming, IA 50061

Phone: 515-981-1075  
www.tedsgardens.com



## HERB USES & PLANTING

### Aromatherapy

#### Herbs

- \*Anise Hyssop.
- \*Bergamot
- \*Geranium Scented
- \*Lavender
- \*Lemon Verbena
- \*Lemon Grass
- \*Lemon Balm
- \*Mints
- \*Patchouli
- \*Pineapple Sage
- \*Rosemary

#### Container Herbs

- \*Basil
- \*Borage
- \*Caraway
- \*Chives
- \*Cilantro
- \*Curry
- \*Dill
- \*Fennel
- \*Garlic Chives
- \*Lavender
- \*Lemon Balm
- \*Mints
- \*Oregano
- \*Parsley
- \*Rosemary
- \*Sage
- \*Savory
- \*Thyme

### Full Sun Herbs

- \*Basil
- \*Bay
- \*Borage
- \*Burnet
- \*Caraway
- \*Catnip
- \*Chamomile
- \*Chives
- \*Cilantro
- \*Curry
- \*Dill
- \*Fennel
- \*Garlic Chives
- \*Horseradish
- \*Hyssop
- \*Lavender
- \*Lemon Balm
- \*Lemon Grass
- \*Lemon Verbena
- \*Mints
- \*Oregano
- \*Parsley
- \*Rosemary
- \*Sage
- \*Sage Pineapple
- \*Savory
- \*Sorrel
- \*Sweet Annie
- \*Sweet Majoram
- \*Tarragon
- \*Thyme

### Part Shade Herbs

- \*Bay
- \*Horseradish
- \*Lemon Verbena
- \*Mints
- \*Parsley
- \*Rosemary
- \*Sorrel

### Annual Herbs

- \*Basil
- \*Bay
- \*Borage
- \*Chamomile
- \*Cilantro
- \*Curry
- \*Dill
- \*Fennel
- \*Garlic Chives
- \*Horseradish
- \*Hyssop
- \*Lavender
- \*Lemon Grass
- \*Majoram
- \*Patchouli
- \*Rosemary
- \*Sage Pineapple
- \*Savory Summer
- \*Sweet Annie

### Perennial Herbs

- \*Anise
- \*Bergamot
- \*Caraway
- \*Catnip
- \*Chamomile
- \*Chives
- \*Fennel
- \*Garlic Chives
- \*Horseradish
- \*Hyssop
- \*Lavendar
- \*Lemon Balm
- \*Mints
- \*Oregano
- \*Parsley
- \*Sage
- \*Sorrel
- \*Tarragon
- \*Thyme

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## CULINARY USES FOR HERBS

**Anise:** For use in tea and seasonings. Has a strong black licorice flavor. Grows best when planted in part shade to full sun. Grows 18" tall. Space 9 to 12" apart.

**Bay Leaf:** Use in flavoring of meats, soups, sauces. Grows best in full sun and grows about 3' to 6' tall.

**Caraway:** For use in rye breads, cheese dips, soups, and salads. Grows best in full sun and grows 18" to 24" tall.

**Catnip:** For use in teas or grow for your cats—they will love you for it. Grows about 2' tall in full sun to part shade. Keep soil moist.

**Chives:** Great for green salads, egg & cheese dishes, cream cheese spreads, sauces, soups, stews and potato dishes. Grows best in full sun to part shade to about 18" tall.

**Cilantro:** Great for use in salsa and other Mexican dishes or salsa. Cilantro butter is also great. Grows best if full sun to part shade. Grows up to 24" tall.

**Dill:** Great for pickled vegetables, potato and tomato salads, breads, egg & cheese dishes, meat sauces, and as a vegetable seasoning. Grows best in full sun to part shade. Grow 2 to 4 ft tall.

**Garlic Chives:** Their onion flavor makes them great for salads, soups, marinades, meat sauces, stews, and vegetables. Grow best in full sun to part shade up to 18" tall. Plant in well drained soil.

**Lavender:** For use in jams, sweets, biscuits. Also a great aromatherapy herb, known for its relaxing fragrance. Plant in full sun. Grows 18" tall.

**Lemon Verbena:** For use in breads, cookies, and tea. Grows best in full sun.

**Mints:** Great for use in teas, fruit salads, ice cream, jellies, garnishes, drinks, or salads. Grow in full sun to part shade in moist soils. Grow 2 to 4 ft tall.

**Oregano:** For use in Italian cooking, tomato sauces, salad dressings, chilli, pizza, fish, egg and cheese dishes, and vegetables. Plant in well drained soils in full sun to part shade. Grows 6" to 24" tall.

**Parsley:** For use in salads, breads, vegetable dishes, pasta dishes, soups, stews, or a garnish. Plant in well drained soils full sun to part shade. Grows 12" to 24" tall.

**Rosemary:** Great for herb butter, meats, potatoes, poultry, and teas. Plant in full sun well drained soil. Gets up to 2 feet tall.

**Sage:** For use in egg and meat dishes, sausage, seasonings, cheeses, meatloaf. Plant in sandy well drained soils in full sun. Grows 30" tall.

**Thyme:** Use in vegetable salads, biscuits, breads, tomato dishes, and sauces. Plant in full sun in well drained soils. Grows 6" to 15" tall.